Welcome to the Royal Gorge Region

Fremont Adventure Recreation

2018 Recreation Events

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Fremont Adventure Recreation is a non-profit organization dedicated to promoting and creating outdoor recreation opportunities in Fremont County. For more information on its mission or how you can help, please visit www.joinFAR.org or contact coordinator@joinFAR.org.

Fremont Adventure Recreation assumes no liability for injuries or accidents that occur while engaging in activities that are outlined in this pamphlet. Participants should act in accordance with their abilities and knowledge of the activities described.

The FAR Adventure Guide is funded in part by a generous matching grant provided by Fremont County Tourism Council and the City of Cañon City's Community Funding Grant.

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Embracing outdoor recreation and its positive impact on our community, Fremont Adventure Recreation (FAR) was launched in 2010. FAR’s mission is to promote a culture of community and healthy living through human-powered outdoor recreation in the Royal Gorge Region. Our non-profit organization is dedicated to developing outdoor recreation opportunities and supporting adventure events throughout the community.

In 2019, FAR continues to look forward to the area’s amazing opportunities to get out and play. We’re excited you picked up our new adventure guide. From easy to expert, there’s outdoor fun for everyone. Leaf through the pages, scrutinize the maps, and check out the area’s many great adventures.

FAR is here to stay. We are passionate about contributing to a thriving Royal Gorge Region, and we realize that none of our efforts would be possible without collaboration amongst organizations, partnerships with local businesses, and the strong hearts of our many volunteers.

Please check out FAR’s website (joinFAR.org) for more information, events, and volunteer opportunities. Or “like” us on Facebook for updates. Get out and go FAR!

Fremont Adventure Recreation

Welcome to Cañon City and the Royal Gorge Region, a place we’re proud to call home. From hiking to biking, and river running to running on trails, outdoor recreation is becoming increasingly popular as people seek out authentic experiences in their everyday lives and special adventures.

INTRODUCTION
WELCOME TO THE ROYAL GORGE REGION

For more than 100 years, people have been flocking to the Royal Gorge Region for recreation opportunities, health benefits, and quintessential Colorado scenery.

Within the boundaries of Fremont County you’ll find an area rich with history - of mining, recreation, trading, exploration, geology, paleontology, and more. Today, you’ll discover a growing downtown district with eateries, unique shops, parks, and a flourishing arts community. Visit the Royal Gorge Museum and History Center for a glimpse into the region’s agriculture, mining, and tourism history.

Just up Highway 115, the town of Florence is known as Colorado’s “Antique Capital” and can provide hours of enjoyment as you search for vintage goods and treasures. Stop and eat at one of the local dining establishments and peruse a varied selection of art galleries. There are plenty of opportunities for sightseeing and learning, as well as recreational enjoyment.

AVERAGE LOCAL WEATHER

Cañon City is located in the “Banana Belt” of Colorado. Our unique geography, nestled in a canyon at the base of the Wet Mountains and Sangre de Cristo Ranges at the foot of the eastern Colorado plains, allows us to enjoy more warm, sunny, precipitation-free days than many of our neighboring areas. Nevertheless, it’s always a good idea to pack layers, including a long-sleeved base layer, a rain jacket, pants, gloves, and a hat.

Average Precipitation (Inches)

Data courtesy of U.S. Climate Data / www.usclimatedata.com

FREMONT ADVENTURE RECREATION

Fremont Adventure Recreation was formed in 2010 to provide, support, and encourage outdoor recreation opportunities. Our mission is to promote a culture of community and healthy living through human-powered outdoor recreation in the Royal Gorge Region. To that end, we host events, provide social activities, and facilitate trail building and maintenance in Fremont County.

CORE VALUES

Community: We commit to enhancing the quality of life for the citizens of the Royal Gorge Region through the creation and celebration of human-powered outdoor recreation adventures.

Culture: We commit to a welcoming attitude that values all relationships, fearless dedication, while having fun along the way.

Stewardship: We commit to responsible access as well as preserving recreation opportunities for future generations.

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WE’D LOVE TO SEE YOUR ADVENTURES IN THE #ROYALGORGEGEOGRAPHY. CONNECT WITH US ON SOCIAL MEDIA TO KEEP UP WITH TRAIL UPDATES, ACTIVITIES, SPECIAL EVENTS, FAR NEWS, AND INSPIRATION.

@joinFAR
Follow us on Twitter for reminders and updates on events.

/fremontadventurerecreation
Keep up with FAR and community events. Also see joinFAR.org to sign up for our monthly newsletter.

/fremont_adventure_recreation
#joinFAR #canoncitycolorado #royalgorgeregion #southcanontrails #royalgorgeparktrails #oilwellflats
## 2019 Recreation Events

### January
1. **FAR Resolution Run**

### February
9. Cañon City Chocolate Walk  
   [www.ccblossomfestival.com](http://www.ccblossomfestival.com)
9. FAR Snow Queen Frosty February 5K  
   [www.snowqueen5k.com](http://www.snowqueen5k.com)
16. FAR Sole Mates Run Challenge

### March
1. First Friday Downtown

### April
5. First Friday Downtown
5. FAR Art of the Outdoors Class
20. FAR Release Party
27. CCRD Clean Up Green Up

### May
3-5. Blossom Festival / Royal Gorge Rodeo  
4. FAR runBlossom 5K/Half-marathon  
   [www.runblossom.org](http://www.runblossom.org)
11. CCRD Kid’s Fishing Derby
11. FAR Women’s Mountain Bike Session
18. Colorado Public Lands Day
18. ZIA Rides Royal Gorge 6 & 12  
   [ziarides.com/event-register/royal-gorge](http://ziarides.com/event-register/royal-gorge)

### June
1. Hardscrabble Mtn. Trail Run  
   [www.hardscrabblerun.com](http://www.hardscrabblerun.com)
6. FAR Group Ride at the Bridge
7. First Friday Downtown
21-22. Royal Gorge Whitewater Festival
28. FAR at the Royal Gorge Bridge
29. FAR Summer Social

### July
4. Fourth of July Fireworks
5. First Friday Downtown
27. Fremont County Fair (through 8/3)
27. FAR Run the Rim Trail Run  
   [www.joinFAR.org/run-the-rim](http://www.joinFAR.org/run-the-rim)

### August
2. First Friday Downtown
17. FARm to Table Relay  
   [www.joinFAR.org](http://www.joinFAR.org)
31. FAR Gorgeous 25 Mountain Bike Race  
   [www.royal50.com](http://www.royal50.com)
31. FAR Point Alta Vista Trail Half-Marathon

### September
1. FAR Royal 50 Mountain Bike Race  
   [www.royal50.com](http://www.royal50.com)
1. FAR Point Alta Vista Trail 5K
1-30. Spoke Art / Vintage Bike Show - FCA
6. First Friday Downtown
20-22. Florence Pioneer Days
28. National Public Lands Day
28-29. Harvest Festival at the Abbey Winery

### October
4. First Friday Downtown
5-6. Rim to Rim Royal Gorge Races  
   [www.rimtorimroyalgorge.com](http://www.rimtorimroyalgorge.com)
10. FAR Birthday Run
TBA. FAR Family Fun Fest at KOA
19. FAR Bi-Annual Trash Pickup

### November
23. CCRD Turkey Trot 5K and Turkey Bowl Flag Football Tournament
29. FAR #OptOutside Meetup
TBD. SoCo Runners Temple Canyon Predict

### December
7. Cañon City Parade of Lights

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Winter here is generally mild, so most trails are open and accessible year-round.

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**Dates subject to changes; please check [joinFAR.org](http://joinFAR.org) for updated information.**  
For a complete list of events in the Royal Gorge Region, please visit:  
[www.royalgorgetravel.com](http://www.royalgorgetravel.com)
GUIDELINES

Trails allow the public to best enjoy their open space and public lands, so it is important that these areas are treated with respect and care.

1. **Stay on designated trails.** Trail systems are built with the land in mind, so please stay on designated trails. Please comply with posted trail closings and revegetation signage. Do NOT trespass on private property.

2. **Yield to others on the trail.** Be mindful of others on the trail, including hikers, bikers, and equestrian riders. Use a bell or call out to let others know that you are approaching. When biking, yield to uphill riders who have the right-of-way. Please dismount and wait on the side of the trail for equestrians to pass; do not assume that they see you and simply ride by.

3. **Leave wildlife alone.** If you encounter wildlife, please remember these lands are theirs, too. Do not approach animals, and continue on the trail (or an alternate route if necessary) as quietly as possible.

4. **Practice “Leave No Trace” principles.** Close gates you need to open, pick up trash that you bring in, pack out any items you bring with you, and do not ride or hike on trails that are wet or muddy. (This can lead to trail deterioration.) If you’re traveling with a dog or other animal, please pick up and properly dispose of waste.

5. **Be prepared.** Always know your own abilities, limitations, and equipment. Many trails are located miles from assistance. You should be able to fix your equipment, provide basic first aid, and navigate trail systems. Most trails do not offer restroom facilities or running water.

ESSENTIALS

For your protection and enjoyment, we suggest you bring (and know how to use) the following items:

1. Appropriate footwear
2. Map/compass
3. Extra food / water
4. Knife
5. Sunscreen/sunglasses
6. First-aid kit
7. Extra clothing layers
8. Trail map

Additional items for mountain biking:
9. Patch kit
10. Spare tube(s)
11. Handheld pump
12. Bike multi-tool
13. Bike bell
14. Bike bell
The Riverwalk Trail runs through some of the most scenic and historic parts of Cañon City. Along the 7-mile stretch of the trail, you’ll track the river’s course through the city, passing historic properties, open farmland, and cottonwood groves. The trail is a mostly flat, wide, maintained trail that is open during all seasons. A system of fitness stations has recently been added to the trail and are located near the Sell’s Lake trailhead.

**TRAIL INFORMATION**

**Start:** You can begin your walk along the Riverwalk Trail at a number of points. Popular parking areas are Centennial Park, Sell’s Lake (off 9th Street), MacKenzie Avenue Trailhead, and Tunnel Drive.

**Distance:** Total distance = 7.5 miles one-way

**Elevation gain:** 200 feet total

**Fitness effort:** Mild

**Difficulty:** Novice

**Terrain:** The trail is mostly flat and graded natural surface with crusher fines and occasional paved sections.

**Seasons:** January-December

**Trail users:** This trail is used by hikers, bikers, walkers, bird watchers, strollers, and runners. Horses are not allowed on most of the trail.

**Dog friendly:** Yes. Keep your dog on a leash, bring waste bags, and clean up after your pet. There is a dog park located just east of Raynolds bridge.

**Note:** At high water (late May-June), the trail may be closed at 9th Street.

**GETTING THERE**

There are a number of access points along the Riverwalk Trail. To begin at the furthest point west on the trail, take Highway 50 west toward Salida. Just after the sweeping right-hand turn as you leave town, take a left turn (west) onto Tunnel Drive. Go about one mile to the Tunnel Drive Trailhead. You can travel west or east on the trail from this point.

To begin at the Sell’s Lake Trailhead, from Highway 50 in Cañon City, take 9th Street south. After you cross the river, take a left (east) onto Sell Avenue and park at the trailhead. You can choose the bluff or river trail from this point. Both will intersect at Raynolds Avenue, where you can continue east or loop back to the Sell’s Lake Trailhead.
TUNNEL DRIVE

The Tunnel Drive section of the Arkansas Riverwalk Trail offers some of the most stunning views along the 7-mile stretch. Cars were once allowed to drive along the path. Pass through historic tunnels (built for the city’s water delivery system in the late 1800s), and view the historic Denver & Rio Grande Railroad as the Royal Gorge Route train passes along this stretch of the river. You may also catch a glimpse of river runners as they make their way from the Royal Gorge and into town. Notice side canyons to your left and right, and keep your eyes open for bighorn sheep.

TRAIL INFORMATION

Start: Begin your walk at the trailhead, located off of Tunnel Drive in Cañon City.
Distance: 1.92 miles to the end. Note that there is no trail access at the terminus of the trail, so all trips must be out-and-back.
Elevation gain: 120 ft.
Fitness effort: Mild
Difficulty: Novice
Terrain: Dirt road
Seasons: All
Trail users: Hikers, bikers. This is a great trail for strollers, but use caution when biking with young riders. There is a steep drop-off on one side of the trail.
Dog friendly: Yes. Keep your dog on a leash, bring waste bags, and clean up after your pet.
Notes: This trail is accessible for most of the year, but can be hot in the summer months. Be sure to bring water. Because of the possibility of rock falls, avoid this area after a freeze-thaw cycle of weather (when it has been very cold and then quite warm), or after heavy rains.

GETTING THERE

To access the Tunnel Drive trailhead, drive west on Highway 50. Once you pass the Territorial Prison (on your right), you’ll see Tunnel Drive on your left past the curve in the road. Take Tunnel Drive to the terminus and park in the parking area near the signs.

Handicapped parking is available past the trailhead signs (up the hill), but be sure you have an appropriate vehicle to access them, as the trail is steep and can have some loose gravel.

runBlossom Races - May

Because the trail faces the south, Tunnel Drive is open virtually year-round. From the trailhead, the tunnels are only about a .25-mile walk. They are a must-see!
HOGBACKS OPEN SPACE

The Hogbacks is Cañon City’s in-town geologic wonder. Your experience here will treat you to the beautiful Dakota Ridge Hogback Formation. Within all of the layers of the Dakota Hogback formation lie significant fossil resources, including a record of Colorado’s past as an inland sea! *The singletrack trails in the Hogbacks are composed of clay soils; please stay off when wet. (Not only will the wet clay stick to your boots and bike tires, but your tracks will ruin the trails!) Enjoy the crusher fine trails, Greenhorn and Old Skyline Drive, during and after precipitation events.

GETTING THERE

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GREENHORN: Less than two miles one-way, this wider crusher-fine trail connects with others in the area to broaden your experience. It’s family-friendly, and great for beginner trail enthusiasts.

OLD SKYLINE DRIVE: Also a wide crusher fine trail, historic Old Skyline Drive connects low and high points in the open space.

GRANEROS: A fun beginner’s trail, Graneros is flowy as it winds along the flank of the Dakota Ridge formation in the Hogbacks. With few technical aspects, it’s sure to delight trail enthusiasts of all ages.

DAKOTA RIDGE: Definitely for the more advanced cyclist, hiker, or trail runner, this trail travels atop the crest of the Dakota Ridge formation. On the north end, the trail descends from the ridge on very steep bedrock. ***Bikers: Please be aware of this steep and very difficult descent. Know your abilities, and portage as necessary.

TRAIL INFORMATION

Start: Trailheads at Floral Ave., Greenway Dr., Dr., Washington St., or High St.
Elevation gain: Varies
Fitness effort: Mild to moderate
Difficulty: Novice to advanced
Terrain: Wide path to natural surface singletrack
Seasons: All (except when muddy)

Trail users: Hikers, bikers, walkers, and cars (traveling one-way) on the paved portions of Skyline Drive
Dog friendly: Yes. Keep your dog on a leash, bring waste bags, and clean up after your pet. Leash law is enforced. This area often has wildlife.
Distance: ~ 2 miles one way, south to north

FROM MAIN STREET in Cañon City, head north on 5th Street for about .5 mile until you reach Floral Avenue. Take a left (west) uphill and through the sowback formation. Parking will be on your left (south) side of the road. (*This is where Skyline Drive descends into town.)
Discover flowy, easier trails close to town, or try to master the technical climb of Hard Time. Since the Eagle Wing Trailhead isn’t very large, we recommend cyclists riding from town park at/near Centennial Park, and ride the Riverwalk Trail to connect to the system.

**Mutton Bustin’** - A great trail for kids, you might even consider a downhill option by getting dropped off at the Ecology Park, to follow Re-Cycle and Mutton Bustin’ back to town.

**Hard Time** - Enjoy a technical and steep climb/descent with great views all around. Further south, the trail mellows a bit as it winds through the landscape.

**The Great Escape** - This trail takes you to the way back of the system, where you’ll enjoy sweet vistas of Grape Creek Canyon to the north and west.

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**GETTING THERE**

**Eagle Wing Trailhead:** From downtown, turn south onto 1st Street, then west on Riverside Drive. Turn left (south) on Colburn Lane. The parking area will be on your right.

**Ecology Park Trailhead:** From downtown, turn right (south) onto 1st Street. Follow 1st Street to a Y in the road, where you will bear right (west) onto County Road 3. Trailhead in about 1 mile on right.

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**TRAIL INFORMATION**

**Start:** Start at the Ecology Park or the new Eagle Wing Trailhead

**Elevation gain:** Varies

**Fitness effort:** Mild to strenuous

**Difficulty:** Novice to advanced

**Terrain:** Natural surface singletrack

**Seasons:** All seasons. It can be hot and dry in the summer, so bring lots of water!

**Trail users:** Hikers, bikers, equestrians

**Dog friendly:** Yes. Be courteous of others and keep your dog on a leash, bring waste bags, and clean up after your pet. This is a popular trail for dog owners and picking up/disposing of waste is important.

**Distance:** Varies. See map for possible routes.

**Note:** To ride a bike from downtown just take the Riverwalk and head up Colburn Ln.
In 1881, workmen for the Denver & Rio Grande Railroad discovered a hidden side canyon along Grape Creek that led to a large natural amphitheater. Dubbed ‘The Temple’, the site (along with hundreds of surrounding acres) was acquired as a city park in 1912. The rock alcove was formed by the continual seepage of water into small fissures or cracks in the rock. This stunning location may have been used by the Ute Indian Tribe as a ceremony site. The hike itself is beautiful and can be shortened by parking at the campsite indicated below. For a longer hike with more historical detritus and more than half a dozen creek crossings, you can park further up Temple Canyon Road at the restrooms just before the bridge.

**Start:** Begin your hike at the parking lot off County Road 3.

**Elevation gain:** 300 foot descent from parking lot to Grape Creek, 50 foot ascent from the creek to the Temple

**Fitness effort:** Moderate to strenuous

**Difficulty:** Intermediate to advanced

**Terrain:** Steep switchbacks to flat creekside singletrack

**Seasons:** Best in early spring, summer, and fall

**Trail users:** Hikers

**Dog friendly:** While you are welcome to bring dogs on this trail, please be advised that there is a great deal of cactus and also the potential for snakes. Be cautious! Keep your dog on a leash, bring waste bags, and clean up after your pet.

**Distance:** .6 miles or 1.25 miles one-way (depending on which trailhead you use)

**Note:** The longer version of this trail is inadvisable during higher water flows as there are no bridges across the creek. Please check stream flows before attempting creek crossings. In late summer or early spring, flows are usually low enough to cross safely. Also, be aware of tall grasses that can hide snakes and spiders.

From downtown, take 1st Street south for approximately 1 mile, and take a right (west) onto Temple Canyon Road (CR3). Continue on this road for an additional 5.1 miles. You’ll see a turnoff on your right (north); take this and follow it to the terminus (about 1/2 a mile). You will see the trailhead past the restrooms. For a longer hike, do not take the turnoff, but continue an additional 1.25 miles to the next restroom facility located just before the bridge. This hike will require you to cross the creek at various locations, some of them not well-marked.
Oil Well Flats utilizes some dirt roads, but consists mostly of singletrack trails. Cruise through junipers and piñons as you ascend toward Fire Canyon and Unconformity, areas that were altered in 1988 as a wildfire scorched the area.

**Fracture** - This is a flowy, novice trail that will delight experienced riders as well. Connecting with other intermediate trails within the system, beginning riders on Fracture could be encouraged to expand their biking skill-set with these nearby trails.

**Island in the Sky** (Clockwise) - Begin with some welcome shade in tall pine trees. The trail soon leads to an open meadow where you’ll begin your ascent. Rocky across the top of the ridge, but you’ll be rewarded with views of cliffs, Cañon City, and the snow-capped peaks of the Sangre de Cristo range.

**TBD** - This feature-heavy trail offers experienced bikers a wealth of opportunities to test their skills. Best ridden downhill, but please be cautious of uphill trail users.

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**GETTING THERE**

From downtown, head east on Main Street or Highway 50. Turn left (north) onto 15th Street and continue for .9 miles. Turn right (east) on Central Avenue and continue for 1.0 miles. Turn left (north) onto Field Avenue and continue for 2.2 miles. Continue north at Y intersection with Red Canyon Road. Travel on Red Canyon Road for 3.7 miles. Turn right (east) on dirt road (first available right-hand turn after Red Canyon Road crosses to the east side of Fourmile Creek) and continue to parking lots.

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**TRAIL INFORMATION**

**Start:** Begin your ride at the first trailhead. Additional parking is available just 0.2 miles up the road.

**Elevation gain:** 800 feet from the first parking area to the high point - Island in the Sky

**Fitness effort:** Medium to strenuous

**Difficulty:** Novice to advanced

**Terrain:** Rocky; natural surface singletrack

**Seasons:** Best during spring and fall; rideable in winter when dry; summer will be hot

**Trail users:** Hikers, bikers, equestrians

**Dog friendly:** Be courteous of others and keep your dog on a leash, bring waste bags, and clean up after your pet. Watch for both wildlife and cattle.

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Please be aware that Oil Well Flats is home to some grazing, and plan accordingly. This area is closed to motorized vehicles during muddy conditions. Respect all trail / gate closures to help maintain the integrity of the trails. Check the BLM or FAR website for updates on conditions and closures. Expect and be courteous to equestrians.
RED CANYON PARK

At Red Canyon Park you can explore 600 acres beautiful red rock from the Fountain Formation. Formed 290-296 million years ago, this rock was created by a series of braided streams carrying material eroded off of the Ancestral Rocky Mountains. Operated by the City of Cañon City, the secluded Red Canyon Park is a locals’ favorite. Here you can feel free to explore on the trail or off—a true adventure.

TRAIL INFORMATION

Start: Various parking lots and camp areas
Elevation Gain: Varies
Fitness effort: Mild to moderate
Difficulty: Novice to intermediate
Terrain: Natural surface, some rock scrambling
Seasons: Year-round

Red Canyon Hike: (Park at the first parking area, about a mile from Red Canyon Road, CR 29.) As you head into the main wash (dry creek bed) area, you’ll notice right away how the rocks tower above, creating a small canyon-like experience. Explore the wash for as long—or as little—as you want! Please be safe and know your limits.

The Arch: (From Red Canyon Road, follow the park’s road approximately 1.5 miles until you reach a notable pull-off on your right. Park here.) From this parking area, hike in an west south-west direction until you find the arch.

Red Canyon Adventure: You are allowed to explore across the entire Red Canyon Park area on or off trail; however, please be respectful and pay attention to the map so as to not trespass on neighboring private land.

GETTING THERE

From Highway 50, head north on 15th Street and continue for .9 miles. Turn right (east) on Central Avenue and continue for 1.0 miles. Turn left (north) onto Field Avenue and continue for 2.2 miles. At the Y, travel north on Red Canyon Road for approximately 7 miles. Red Canyon Park will be on your left. Take care after a snow or rain storm; roads can have deep ruts at times.
ROYAL GORGE PARK

If you’re looking for a trail run, bike, or hike that will offer some of the most awe-inspiring views in Colorado, this is it. Outdoor enthusiasts of all ages and abilities will find that the trails offer stunning views and plentiful options. The Royal Gorge Park Trails are funded in part by the 1% for Trails initiative. Additional miles will open in 2019.

Canyon Rim Trail: With gorge-ous views all along the Canyon Rim Trail, be sure to pack your camera! The trail provides a fun, intermediate trail experience with occasional steep exposure.

Overlook Loop / Elk Horn Picnic Area: For those with a limited time, pick the trail up at the picnic area and enjoy panoramic views of the gorge and mountain ranges beyond. Please note that many points along this area have severe exposure and dropoffs. Hike with caution!

Dream Weaver: From the campground, catch this trail for a flowy, fun descent through the 2013 burn scar. Great views of the Sangre de Cristo mountains.

Made in the Shade: This 3.1-mile loop trail offers fantastic scenic views of rocky outcroppings, the mountains, and rugged canyons.

TRAIL INFORMATION

Start: Begin your ride/hike at one of several parking areas.
Elevation gain: +/- 600 feet
Fitness effort: Mild to moderate
Difficulty: Novice to intermediate
Terrain: Natural surface singletrack
Seasons: Best during spring, summer, and fall. Winter users should expect icy conditions.
Trail users: Hikers, bikers, walkers
Dog friendly: Yes. Keep all dogs on a leash and watch for cacti along the trail. Please bring waste bags and clean up after your pet.
Distance: 15 miles. Reverse your loop for more distance and to enjoy views in both directions.

GETTING THERE

From downtown, head west on US Highway 50. At the turnoff for the Royal Gorge Bridge, turn left (south) and follow County Road 3A until you reach your desired trailhead. (Or turn off onto CR F30 to reach the campground and additional trailheads.)
Nestled in the Wet Mountains south of Florence, Florence Mountain Park is an easily-accessible escape from the high mountain desert. Just a few minutes from downtown Florence, the park features pine forests and granite outcroppings. The local favorite is Newlin Creek trail. This winding trail follows Newlin Creek and is relatively easy for the first .75 miles. Make the creek bridge a destination for families with small children. For others, travel 3 miles to reach the alpine meadow where remnants of the Herrick Sawmill, built in 1887, now lie abandoned.

**Start:** Newlin Creek Trailhead
**Distance:** Total distance = ~ 6 miles
**Elevation gain:** 1,735 feet
**Fitness effort:** Mild to moderate
**Difficulty:** Novice to intermediate
**Terrain:** The trail is singletrack with some creek crossings
**Seasons:** Year-round with some snow and ice after heavy snow. Be aware of high stream flows in the spring.

**Trail users:** This trail is used by hikers, bikers, and rock climbers.

**Dog friendly:** Yes. Keep your dog on a leash, bring waste bags, and clean up after your pet. Leash law is enforced. This area often has wildlife.

**Note:** No open fires are permitted in the Park. Fire pans or designated receptacles must be utilized. Please be aware that if a red-flag warning is in effect, the park may be closed. Overnight camping is not permitted except by license agreement.

**Getting There**

From Florence and Highway 115, turn south onto CO-69. Follow this road for 4.3 miles, then veer right onto County Road 15. Keep right for another 2.5 miles until you see the sign for Florence Mountain Park. Continue past the groundskeeper’s cabin for .9 miles until you reach the trailhead.
One of Colorado’s largest sport climbing destinations, Shelf Road offers a multitude of stellar rock climbs on some fascinating Limestone cliffs. These 30-140 foot cliffs were deposited in the Helena Canyon area around 500 million years ago during the Ordovician Period. Keep your eye out for sea creature fossils embedded in the bulletproof stone! Shelf is great any time of year. With so many cliff options you can find ample sun or shade climbs at any of the major climbing areas. All areas have an approach of at least a 1/4 mile or more, so wear good hiking shoes that will stand up to the cactus of the high desert. Also, due to higher temperatures in the summer, always bring a little more water than you think you will need. Watch out for rattlesnakes in the summer and always wear a helmet because even though many of the climbs get a lot of use and have been cleaned, loose rock exists.

Equipment suggestions: 14 quickdraws, a small amount of supplemental trad gear and a 60 meter rope should give you a chance at the majority of the climbs at Shelf Road, although a few pure trad lines exist. You will find climbs ranging from 5.5 to 5.13 in difficulty here, but it is predominantly a 5.10-5.11 climbing area.

**SUGGESTED CLIMBS**

Crynoids Corner: 5.7 | Cactus Cliff
First Blood: 5.8 | The Gallery
Lumina Crack: 5.9 | Darkside

**FURTHER READING / GUIDES**

**RECREATION AND TRAIL GUIDE TO THE ROYAL GORGE REGION**

**SOUTH CAÑON CLIMBING**

**VOYAGER**

This little Southern Colorado gem sits off to the east side of Oak Creek Grade Road (County Rd. 143). With a nice creek, trails, and well-bolted sport lines, this area is worth a look. Bring a 70-meter rope, 14 quickdraws, and some supplemental trad gear for mixed climbs!

**TANNER DOME CRAGS**

Approximately 11 miles south of Cañon City, Tanner Dome and adjacent crags are located on the west side of the scenic Oak Creek Grade. With over 80 routes on incredible granite, Tanner Dome is a wonderful area offering single and multi-pitch climbing to suit expert and beginner climbers’ sport-climbing urges. Climbs range from 40 to over 200 feet. A 70-meter rope and 14 quickdraws will get you up the majority of the climbs and enable you to link some two-pitch climbs into one long granite cruise! Some beautiful mixed and trad lines also exist at the Tanner Dome area, so if you’re willing to drag the trad rack up the hill, you’ll be rewarded with some four-star routes to play on.

Make sure you wear your sturdy hiking boots for the rugged and steep access trail. Be sure to wear your helmet at the crag! Even some solid granite rock faces have areas of rockfall. Due to the remote nature of the hike, it is best to bring enough food and water to keep your group happy, and to enjoy this forested wonderland in the Wet Mountain range.

**NEWLIN CREEK**

Tucked in to the Wet Mountains behind the quaint little town of Florence, Newlin Creek offers a wonderful alpine setting with some intriguing granite boulders and spires peaking out from behind the dense forest. Not much has been written about this area yet but it has some good stone if you go hunting around with some gear and a sense of adventure. A 70 meter rope, 14 quickdraws, and a small trad rack for the mixed routes is a recipe for a good time! There are also a few nice boulder problems in the area for bouldering. Be aware of equestrian riders in the area. This spot is best enjoyed during the warmer months as it holds snow well in the valley during winter months, but be careful of snakes when it gets warmer.

**FURTHER READING / GUIDES**


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**Please Note:** The cliffs are closed to climbing April 1st to August 1st for Peregrine Falcon habitat, so please respect the birds and find another adventure location during this time.
This scenic and challenging ride offers cyclists the opportunity to traverse some of Fremont County's historic roads, linking the quaint gold mining towns of Cripple Creek and Victor with Phantom Canyon Road, part of the Gold Belt Byway.

**Start:** From downtown Cañon City, head east on Hwy. 50, then east on County Road 123.

**Elevation gain:** +/- 7,940 feet

**Fitness effort:** Moderate to strenuous

At the intersection of CR 123 and CR 67, turn north on Phantom Canyon Road. The first three miles are paved, but after that you'll be treated to an incredible dirt road journey up through Phantom Canyon, gaining elevation all the way. The climbing is mostly gradual, but at times kicks up to a more challenging pitch. The views of the canyon, the creek, or back to the west toward the Sangre de Cristo Mountain Range, are stunning, and traffic is nominal. At times the road is tight, and is typically in washboard condition. If you ride this route counter-clockwise, however, neither are significant issues. *Please note that this entire route can obviously be ridden in a clockwise direction, but the washboard descent on Phantom Canyon is more difficult.

Higher in elevation, you'll roll through conifers and ranches into the old mining community of Victor. You are now in the high country, and the wide open expanse is exceptional. At Victor, grab Highway 67 for a quick, paved jaunt to Cripple Creek. Be mindful that Highway 67 sees both tourist and commercial mining traffic. The views are great, but stay focused on the road.

At Cripple Creek, you'll have reached the ride's high point, at well over 9,000 feet in elevation. From this point you'll travel back to the south via the legendary Shelf Road (CR 9). The dirt descent is both steep and sometimes a bit dicey, depending on road conditions. The road is narrow, so be mindful of traffic and steep exposure. You'll be treated to a beautiful 14 miles of dirt road. Once County Road 9 turns back to pavement, you simply cruise back into Cañon City on the section of the Red Canyon Road described on pages 38-39.

**GETTING THERE**

From downtown, head east on Highway 50 to MacKenzie Avenue, then continue east on County Road 123 (which parallels Highway 50) toward County Road 67, also known as Phantom Canyon Road.
**RED CANYON ROAD RIDE**

A local favorite, this out-and-back ride travels from town and takes riders to the outskirts of Cañon City, where you’ll pass the iconic Red Canyon Park along with ranches, open space, and rustling cottonwood trees along Fourmile Creek. The road sees minimal traffic, but take extra care due to winding roads and gravel on the pavement in some places.

**GETTING THERE**

Start: Begin downtown Cañon City and head north on 5th Street
Elevation gain/loss: +/- 2,400 feet
Fitness effort: Mild to moderate

After working your way through town, you’ll pass the sawmill and leave the city behind you. It’s virtually impossible to get lost from this point, as the ride simply follows Red Canyon Road (CR 9) the whole distance. It’s easy to set your pace to “cruise” and enjoy the scenery.

At mile 11.5 (at a 90 degree turn in the road) you’ll see the historic one-room Garden Park Schoolhouse that was in use from 1895 until 1961. It has recently been listed on the Colorado Register of Historic Properties.

At mile 12.3 is the entrance to Red Canyon Park, a fun hiking area reminiscent of Garden of the Gods. See pages 26-27 for more information.

**ROUTE INFORMATION**

Difficulty: Intermediate
Terrain: Paved road
Seasons: Year-round
Distance: ~30 Miles, out-and-back

From downtown, head north on 5th St. and make your way toward Red Canyon Road.
RIDE THE ROYAL GORGE PARK TRAILS AND ENJOY A POST-RIDE FESTIVAL AT THE ROYAL GORGE RANCH & RESORT

50-MILE AND 25-MILE OPTIONS

REGISTRATION FEES
APRIL - MAY: $60
JUNE - JULY: $80
AUGUST: $90
PACKET PICKUP AND RACE DAY: $100

SUNDAY, MAY 4, 2019

CENTENNIAL PARK in CAÑON CITY, COLORADO
5K • HALF-MARATHON • KIDS’ FUN RUN • TODDLER TROT

Awards given for 1st-3rd in division age groups. Medals awarded to all half-marathon finishers.

PROUDLY SPONSORED BY:
runBlossom.org | facebook.com/runblossom

SATURDAY, JULY 27 / 5:30 PM
TRAIL RUN ALONG THE STUNNING ROYAL GORGE PARK TRAILS. POST-RACE FOOD AND DRINK TO FOLLOW.

REGISTRATION OPENS APRIL 5 AT JOINFAR.ORG
ADVENTURE KIDS
YOUTH HIKING / BIKING SERIES

FREE group hikes and bike rides for kids and families. Children who attend 4 meetups will receive a special prize at the end of the series! Please see joinFAR.org for more info, meeting dates, locations, and requirements.

PLEASE NOTE: Parent / guardian participation is REQUIRED. All children must be accompanied by an adult for the duration of the outing. All guardians must sign a waiver at each outing before participation.

Point Alta Vista Trail Races
Canon City | Colorado

AUGUST 31–SEPTEMBER 1, 2019
5K & HALF-MARATHON COURSES
Traverse the famous, historic Point Alta Vista Trestles. Join in post-race festivities at the Royal Gorge Ranch & Resort.

Registration at: royal50.com
HARDSCRABLE LOOP

Though only 95 miles, this scenic loop is the locals’ century test piece. You certainly won’t feel shorted, however, as multiple steep grade sections will leave your legs burning. Luckily, the scenery and views are well worth the effort.

TRAIL INFORMATION

Start: Begin downtown and head out of town via south 9th Street
Elevation gain/loss: +/- 6,375 feet
Fitness effort: Strenuous

The Strava segment starts at Highway 50 and 9th Street in the heart of Cañon City. Head south on 9th Street/Highway 115. After a warm up climb you will wander your way south east about 8 miles to Florence. At the traffic light on the far east end of Main Street (the 3rd traffic light), turn right (south) onto Highway 67. A steady rolling incline section makes its way about 12 miles south to the hamlet of Wetmore. At the “T” intersection turn right (west) onto Highway 96. Enjoy the next several miles of relatively low incline climbing, because it’s about to get real. Before too long you will realize that you are now climbing “Hardscrabble.” Channel your inner “cannibal” because Hardscrabble is a soul sucker. The “end” of the climb is McKenzie Junction. Stay right here on Highway 96 and keep climbing, though not as steeply, for another 10 miles.

The view of the Sange De Cristo mountain range as you approach the summit is amazing. After cresting out at just over 9,000 feet you will cruise into the small town of Silver Cliff, followed shortly by Westcliffe. You are now at the halfway mark (a little short of ½ the mileage, a little past ½ the time) and there are a couple of convenience stores to stock up at.

After a quick refueling, head west through town to the Highway 69 intersection. Turn right (north) and roll out of town, headed generally downhill now to the north. After about 15 miles the downhill will get serious as you plummet into Texas Creek at the Highway 50 intersection (hours for the local convenience store vary). Turn right (east) on Highway 50 and head back toward Cañon City. Save energy for the climb up the back side of 8 Mile Hill (at mile 85), you’re going to need it. Following the last 2.5 mile climb, it is generally flat across the top of 8 Mile and then all downhill back into Cañon City to complete the loop.

GETTING THERE

From downtown, head south on 9th Street (also known as Highway 115) toward Florence.
**BOATING / FISHING**

The Arkansas River is one of the most widely used and popular rivers in the United States. The section from Pinnacle Rock to Parkdale, commonly called Bighorn Sheep Canyon, offers thrilling Class II-III rapids, suitable at most water levels for family fun. Along the way, you have a chance to see bighorn sheep - the animal which gives this section its name. This section is also known for its Gold Medal Fishing, where you’ll find brown and rainbow trout.

Past Parkdale, you’ll raft one of the most beautiful, scenic, and challenging sections of whitewater in North America. The Royal Gorge provides Class III-IV rapids to keep any rafter on his/her toes.

Whitewater rafting, kayaking, and floating are not recommended without proper training, equipment, and experience. Always wear appropriate flotation devices and check water conditions before putting on the river.

**RIVER ETIQUETTE**

- If you need to scout a rapid, portage, or pull over for any reason, please be respectful of private property. (The railroad in both Bighorn Sheep Canyon and The Royal Gorge is private property. Do not use the tracks for scouting or access.)
- Always maintain a safe distance between boats. If you are a single boat and need to run with another group, always ask and alert them of your plans.
- Only pass other boats in calm sections of the river, not in rapids.
- Please pack out all trash, including food and human waste.
- Please check for fire bans before making campfires. Always use a fire pan.
- Park only in designated parking areas along the river, and always pay the applicable fees.
- Be courteous to anglers and fishermen. Lower your noise level and paddling as you pass.
- Take special care of the riparian environment: Do not bother wildlife and do not tread on plant life if possible.
- When inflating and deflating your rafts, please be considerate of other boaters: Do not block access points to the river or high-traffic loading/unloading zones.

The United States Geological Survey (USGS) monitors water flows on the Arkansas River. You can access their site and check conditions April through September. Please note that rapids change significantly as water flows increase and decrease throughout the year, and because the Arkansas is a low-volume river, even rainfall can affect the flow.

Check for updated flow reports at: [http://waterdata.usgs.gov/co/nwis/rt](http://waterdata.usgs.gov/co/nwis/rt)

Click on the ‘Colorado Statewide Streamflow Real-Time Table’ link and scroll down to the Arkansas Headwaters information. The Parkdale gauge is located just above the Royal Gorge.

**COLORADO LAW REQUIRES**

- All occupants of inner tubes, air mattresses, and similar devices to wear a U.S. Coast Guard approved type I, III or V PFD (personal flotation devise), i.e. a “life jacket”.
- All persons under the age of 13 swimming in the Arkansas River within the AHRA must wear a U.S Coast Guard approved type I, III or V PFD.
- All boats must be labeled with the owner’s name and address. In addition, please add your phone number.

**FURTHER INFORMATION**


For complete information on boating safety, please visit AHRA’s website, You’ll find information on river safety, park conditions, water flow, maps and directions, and fees.

[www.cpw.state.co.us/placestogo/parks/ArkansasHeadwatersRecreationArea](http://www.cpw.state.co.us/placestogo/parks/ArkansasHeadwatersRecreationArea)
### PINNACLE ROCK TO CENTENNIAL PARK

**RIVER FEATURES**

**Seasons:** Higher water occurs in May-June. Water levels significantly decrease in late summer and slow to ~350 cfs by fall. Always check stream flows (available on the AHRA website) before rafting any section.

**Distance:** ~20 miles

**Note:** Mornings and late afternoons are the best time to raft this stunning 20-mile stretch. Most outfitters put on around 8:30-9:00 a.m., but the busiest time is midday. Go early or late to beat the crowds, especially during summer weekends.

This stretch of river is one of the most exhilarating and popular whitewater runs in Colorado. It includes both Bighorn Sheep Canyon (class II-III) and the Royal Gorge (class III-IV).

- **Pinnacle Rock:** A common put-in for Bighorn Sheep Canyon
- **Three Rocks:** An impressive class III-IV rapid that should be scouted at higher flows.
- **Five Points:** Wave to folks on the viewing deck! There are also restrooms and camping at this location, accessible from Highway 50.
- **Spikebuck:** At higher water flows, avoid the large rock in the center of the river and the curling standing wave just after it. Spikebuck rock is left of center toward the bottom.
- **Parkdale:** This is a great spot to eat lunch at the picnic tables. Restrooms located here.
- **Sunshine Falls:** A difficult class IV rapid that bears scouting (via river right). Watch out for the big hole in the middle of the river, commonly called “El Gigante”.
- **Narrows:** Pass underneath the majestic Royal Gorge Bridge and the historic Hanging Bridge, but watch for rebar on river left.
- **Boateater:** This fun rapid features a large rock/hole in the middle of the river.
- **Pipeline:** Noted for the water delivery pipeline up above, this rapid signals the end of the notable rapids in the Gorge. Enjoy the float out!
- **Centennial Park:** Take out on river-right, or just below on river-left for the River Station Boat Ramp.

***GETTING THERE***

Access Pinnacle Rock River Access by traveling ~21 miles on Highway 50 west toward Salida. Turn right into the parking lot. Visit the kiosk to pay all applicable fees.
Are you ready for a fun family river adventure?! This stretch of river will take you mostly across Class II waters. From Centennial Park, you’ll float through some of Canon City’s Whitewater Kayak and Recreation Park’s river features and under the historic Black Bridge. Keep your eyes peeled for wildlife, such as deer, falcons, egrets, and perhaps even a river otter or beaver.

**RIVER FEATURES**

**Centennial Park Boat Ramp:** Park your car and get on the river.

**Centennial Park Wave:** Watch for a nice play wave. Can be big at higher flows. Timid boaters can try to sneak the wave just right of center.

**River Front Park:** Another boat ramp option to put in or take out (river-left).

**Black Bridge:** A second play wave is located just upstream of Black Bridge. Please give yourself plenty of room to navigate around the bridge pier.

**9th Street Wave Train:** Located river-right, just follow the fun waves!

**A Nice Float:** for the remainder of the trip. Watch for wood in the river, since high waters will often snag large cottonwood logs.

**Raynolds Bridge and Take-Out:** The river braids into two channels near the bridge. As of early 2018, the right channel seems to be the best general option for most boaters at most water levels. Be sure to give yourself plenty of room near the bridge piers! *Be aware that the take-out comes fast immediately after the bridge on river-right.
FOSSIL DISCOVERY IN CAÑON CITY

Leave No Trace opportunity: When visiting significant fossil locations, please remember these fossils belong to everyone; they are not available for collecting unless you have permission by the landowner/land manager. These fossils are rare and cannot be replaced. If you find something or notice questionable activities, please report them to the respective land manager (BLM, City of Cañon City, etc.). Here are a few of the top sites to explore:

Marsh / Cleveland Quarry: Located in the BLM’s Garden Park Fossil Area NNL (National Natural Landmark), Marsh Quarry has a .25-mile trail from the parking lot. Hike up to an overlook to see where Allosaurus, Ceretassaurus, Diplodocus, and Stegosaurus were first found in the late 1800s by local Marshall Felch. Cleveland Quarry area includes picnic tables and a vault toilet located along Fourmile Creek. Here in the 1950s, the Cleveland Museum of Natural History excavated “Happy the Haplocanthosaur”, which is still on display there today.

Skyline Drive: Right along the crest of City of Cañon City’s famous and fun Skyline Drive lies a clear trackway of Ankylosaur footprint casts within the Dakota Hogback formation. Visible from the road, imagine traveling along the coastline of the ancient Western Interior Seaway 90 million years ago with this dinosaur! (See pages 16-17 for more information.)

Hogbacks Open Space: At the Floral Trailhead as well as where the Greenhorn Trail meets Old Skyline Drive, two interpretive kiosks illustrate the area’s geologic, fossil, and paleontological past. You might even observe trace fossils from the Greenhorn Limestone formation!

Hogbacks Open Space: An interpretive trail with kiosks - ‘The Bridge Creek Trail’ - is located near the Hogbacks’ Floral Trailhead, educating visitors on the Cenomanian-Turonian geologic boundary.

Pueblo Community College, Crossroads Through Time Heritage Park: A .4-mile Geology Time Trail that introduces and explains both local and global geology and paleontology events.

The Royal Gorge Regional Museum & History Center: The history center has great geological and paleontological displays. Exhibits highlight the scientists who’ve worked on the fossils in our area. Contact the museum at 719-269-9036 for more information, or check them out on-line at http://rgmhc.org/. Located at 612 Royal Gorge Boulevard (Highway 50), the museum is open from 10am-4pm, Wednesday through Saturday; admission is FREE.

Indian Springs Trace Fossil NNL: ($10 per person) This NNL is the best Ordovician trace fossil site in North America. See Fremont County’s oldest fossils – from about 450 million years ago! Located seven miles north-east of Cañon City on Phantom Canyon Road (CO 67N). Contact: Carly Thorson at the Indian Springs Campground (719-429-2206) for a tour of this protected fossil site.

Royal Gorge Dinosaur Experience: Check out world-class interactive displays, real dinosaur fossils, dino fossil casts, animatronic dinosaurs, and more. Guided tours are available in the exhibit hall, and the ropes courses are fun too! Located at 44895 West Hwy 50 atop 8-Mile hill. Visit dinoxp.com or call 800-209-0062 for more information and updated admission.

For more information, visit: www.handsontheland.org/garden-park/ or www.gardenparkdinos.com/
HISTORIC HIKES

One of the best ways to experience the rich history of the Royal Gorge Region is to travel the Gold Belt Byways. The scenic drives offer a number of historically significant points. On your way to any of the cities surrounding the Royal Gorge Region, stop and check out some of the historical markers, and enjoy a historically rich hike.

21 GARDEN PARK FOSSIL AREA / OIL WELL FLATS

Part of the famed Bone Wars between Edward Drinker Cope and Othniel Marsh, this area has been a significant site for the study of the late Jurassic dinosaurs since 1877. Significant finds include Stegosaurus, Diplodocus, and the first complete Allosaurus skeleton. The quarries here played a significant role in the field of paleontology, and fossils are housed in museums all over the nation. The first recorded claim to the oil spring on the east side of Fourmile Creek (also called Oil Creek) was in 1860. A number of shafts and shallow wells were dug in the vicinity of the area. This exploration eventually culminated in the discovery of the Florence oil fields in 1881.

20 RED CANYON PARK

Under the dedication of Colorado Congressman Guy U. Hardy to preserving natural lands, Red Canyon Park was granted to Cañon City in 1923. The circular roadway was constructed in 1924 by 125 local volunteers armed with hand tools and horse power. Since then, the park has been a popular destination. Pioneer Monument received its name when a bronze plaque was placed to commemorate 25 early settlers in the Garden Park area. On your way to the park, notice the small brick building on Red Canyon Road: the Garden Park School, originally built in 1895 and closed in 1961.

25 ROYAL GORGE BRIDGE & PARK

The 5,000-acre Royal Gorge Park was acquired by the City of Cañon City in 1906 through the direct efforts of Mr. Guy U. Hardy. In 1929, the Royal Gorge Bridge was built for a total of $250,000. Miraculously, no one was hurt during the entirety of the construction process. The Royal Gorge Bridge Company now leases 160 acres of the property and manages the world-class attractions. In recent years, miles of new trails have been created to accommodate trail enthusiasts of all types and abilities. From Dream Weaver, one can look east toward the remains of the Vista Lodge, where the famed Reel California Girls provided food and entertainment during the 1920s.

13 VINDICATOR VALLEY WALKING TRAIL

Located on the historic site of the mining town of Independence, the Vindicator Valley Trail offers walkers or bikers a peek into the past as you encounter several defunct mines. Walk past towering remnants of boom and bust gold mining, and marvel at the grand scale of their operations. The loop is about 2 miles long and has two trailheads: one across from Goldfield and one at the Vindicator Mine on CR 831.

Thanks in large part to willing landowners and generous funders; a significant portion of the Gold Belt Tour Byway has been protected in perpetuity. Local land trusts work with landowners to ensure conservation of the natural, scenic, agricultural, historic, and cultural aspects that make this area unique. This protection ensures these areas will never be developed and will continue to be an asset for community members and visitors.

Approximately 10,000 acres have been conserved along the Gold Belt Tour Byway since 2007. The Byway Association considers Conservation Efforts our top priority, to help preserve the nature of the byway routes.

Map from The Gold Belt Tour's regional brochure is used with permission. Please stop by the Chamber of Commerce in Cañon City to pick up a complete copy.

The Gold Belt Tour Scenic and Historic Byway Association is a non-profit 501(c)(3) that strives to do what is best along the Byways corridor, and any assistance is greatly appreciated. Visit their website www.goldbeltbyway.com to see how you can become a member or buy one of their educational products.
RECREATION AND TRAIL GUIDE TO THE ROYAL GORGE REGION

REGREGIONAL GEOLOGY

The geologic story of Fremont County and most of Colorado begins 1.7 billion years ago, when the basement was formed by metamorphic rocks. These wavy black, pink, and white rocks, the oldest in Colorado, give the walls of the Royal Gorge their iconic look. These rocks were then uplifted to create the Ancestral Rocky Mountains 300 million years ago. As the mountains eroded, the pebbles, cobbles, and sands created the Fountain Formation, the picturesque rocks that make up Red Canyon Park. About 155 million years ago, the famed dinosaurus of Garden Park roamed the floodplains of a Jurassic forest. During the Cretaceous Period, sea levels rose and the Western Interior Seaway flooded the central United States. The footprints along Skyline Drive represent Ankylosaurs walking along the shore of this sea and the Hogbacks Open Space shows signs of marine life as the water became deeper. Near the end of the Cretaceous, the sea receded as the present day Rocky Mountains rose. this uplift bent and broke the rock layers of the Front Rance, exposing the layers of history for geologists to study.

Geologist call the chart below a “stratigraphic column.” It shows the different layers of rock, also known as the stratigraphy, in a specific area. In Cañon City, mountain building has bent these layers, exposing them in different places.

**Shale** is made up of many thin layers of tiny pieces of mud and clay. The thin layers and small grains mean that it formed in a deep lake or ocean, far from shore.

**Limestone** creates large cliffs because it is very resistant to erosion. These cliffs were once deep in the ocean; if you look closely, you may find fossilized shells and corals.

**Sandstone** is easy to identify because it looks and feels sandy. Most sandstones start as either beaches or riverbeds.

**Mudstone** is very similar to sandstone but the grains are much smaller. When a stream floods, it spreads mud across its floodplains.

**Conglomerate** is a mix of many different sizes of sand, pebbles, and gravel. In order to move large pebbles and gravel, you need a strong river.

**Gneiss** (pronounced ‘nice’) is a metamorphic rock; an existing rock was buried so deep that very high temperature and pressure nearly melted it, creating wavy patterns.

TYPES OF ROCKS

Igneous rocks are formed either deep inside the Earth as magma slowly cools or when magma is ejected from a volcano and cools very quickly. Granite can be found all over the Royal Gorge Region.

Metamorphic rocks are formed when other rocks have been heated and squeezed so much that they turn into a new type of rock. You can find examples of this at the Royal Gorge, where entire portions of the canyon walls have stripes or ‘striations.’

Sedimentary rocks are created when broken bits of other rocks, like sand, are pressed together until they become solid. This is where fossils can be found! There are some great examples of sandstone on Old Skyline Drive in the Hogbacks.

**Map outlining the most common types of rock in Fremont County.**

The ‘Regional Geology’ and ‘Geologic Time’ pages were created in partnership with the Bureau of Land Management’s Royal Gorge Field Office. All images used with permission.

GEOLOGIC TIME

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The ‘Regional Geology’ and ‘Geologic Time’ pages were created in partnership with the Bureau of Land Management’s Royal Gorge Field Office. All images used with permission.

*Ma stands for Mega-annums, or millions of years; Chart is not to scale; Source: Evanoff 1996
Cañon City has a number of parks that are suitable for both children and pets. Please enjoy all parks responsibly and pick up any waste (including pet waste). Parks with river access are accessible via the road and the Riverwalk Trail.

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<th>Cañon City Parks</th>
<th>Sports Field</th>
<th>Picnic Area</th>
<th>Playground</th>
<th>Restrooms</th>
<th>Potable Water</th>
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<td>Magdalene Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Margaret Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Icabone Swimming Pool</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Rudd Park / Tennis Courts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Harrison Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Mountain View Park and Skate Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Greydene Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CAMPING

PRIMITIVE CAMPING

Spring, summer, and fall in the Banana Belt of Colorado are perfect for camping. See page 4 for average temperatures throughout the seasons.

<table>
<thead>
<tr>
<th>Campground</th>
<th># of Sites</th>
<th>Picnic Tables</th>
<th>Fire Rings</th>
<th>Vault Toilets</th>
<th>Potable Water</th>
<th>Trail Access</th>
<th>River Access</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Ridge Campground</td>
<td>20</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>$15</td>
</tr>
<tr>
<td>Temple Canyon Park</td>
<td>8</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>-</td>
</tr>
<tr>
<td>Red Canyon Park</td>
<td>5</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>-</td>
</tr>
<tr>
<td>The Bank and Sand Gulch</td>
<td>31</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>$7-14</td>
</tr>
<tr>
<td>Oak Creek</td>
<td>12</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>-</td>
</tr>
<tr>
<td>Five Points</td>
<td>20</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>$18</td>
</tr>
<tr>
<td>Phantom Canyon Road</td>
<td></td>
<td>(Where space available. No amenities.)</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>● ● ● ● ● ●</td>
<td>-</td>
</tr>
</tbody>
</table>

COMMERCIAL CAMPING / RV SITES

From dispersed tent sites to luxury glamping tents and cabins, the Royal Gorge Region has something for every itinerary.

<table>
<thead>
<tr>
<th>Campground</th>
<th># RV Sites</th>
<th># Camp Sites</th>
<th>WiFi</th>
<th>Playground</th>
<th>Pool</th>
<th>Potable Water</th>
<th>Cabins</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Echo Canyon Campground</td>
<td>0</td>
<td>12</td>
<td>●</td>
<td>● ● ● ●</td>
<td>● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>$5</td>
</tr>
<tr>
<td>Mountain View RV Resort</td>
<td>40</td>
<td>0</td>
<td>●</td>
<td>● ● ● ●</td>
<td>● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>$5</td>
</tr>
<tr>
<td>Prospector’s RV Resort</td>
<td>89</td>
<td>37</td>
<td>●</td>
<td>● ● ● ●</td>
<td>● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>$</td>
</tr>
<tr>
<td>Royal Gorge KOA - 1% for Trails</td>
<td>80</td>
<td>20</td>
<td>● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>$</td>
</tr>
<tr>
<td>Royal View Campground</td>
<td>50</td>
<td>12</td>
<td>●</td>
<td>● ● ● ●</td>
<td>● ● ●</td>
<td>● ● ● ●</td>
<td>● ● ● ●</td>
<td>$5</td>
</tr>
</tbody>
</table>

CAMPING GUIDELINES

- Have appropriate safety equipment and/or a first aid kit on-hand.
- Always check the weather.
- Build fires in approved fire pits.
- Pay all appropriate fees.
- Dispose of trash in receptacles or pack it out.
- Park/pitch tents only in approved areas.
- Know and recognize harmful bugs and plants in the area.
- Be aware of wildlife: keep your campsite free of food items and waste.
Before or after you head for the great outdoors, consider checking out downtown Cañon City. Historic Main Street, parks, and the Arkansas River all come together here. You’ll have the opportunity to discover shops, public art displays, and eateries to suit a wide array of tastes. First Fridays on Main Street are sure to delight you and your family. With art gallery receptions, First Friday Cruiser Rides (see Red Canyon Cycles for more info), and live music during the summer months, there’s something for everyone!

Centennial Park is just a short walk from downtown, and is the site of many spring/summer events, such as car shows, the annual Blossom Festival (May 5-6), the Royal Gorge Whitewater Festival (June 22-23), and more!

The Cañon City Farmers’ Market is held every Tuesday from 8:00 am - 1:00 pm, June through October in Veteran’s Park. Shop for local produce, products, and handcrafted goods!
Historic and quaint Florence is the 'Antique Capital of Colorado', and it delivers on its promise. Remnants of the town's rich mining history are evident at every corner: You'll find century-old buildings, murals, and scenic winding back roads. In the lively downtown area, you can spend hours browsing the unique and varied shops, including art galleries, antique stores, and restaurants. Check [http://www.florencecoloradochamber.com/](http://www.florencecoloradochamber.com/) for a calendar of events.

Pathfinder Park is located between Cañon City and the town of Florence on Hwy. 115. It offers a relaxing path that runs adjacent to the Arkansas River, a pavilion, sports fields, a playground, a fishing pond, and restroom facilities.

The Florence Farmers' Market is held every Thursday from 8:00 am - 1:00 pm, June through October in Pioneer Park. Enjoy local produce, handmade goods, and free entertainment!
FAMILY FUN

Outdoor adventures are also fun for the whole family! This list highlights some of the more easy-going adventures. Reference other areas in the guide for a bolder experience.

Riverwalk, including Tunnel Drive: There are parks, benches, and restrooms along the way. Walk through the three giant tunnels on Tunnel Drive - used for the water pipeline long ago. Check out the Riverwalk and Tunnel Drive maps (pages 12-13) for more information.

Hogbacks Open Space Park: The Greenhorn and Old Skyline Drive trails are wide crusher fine trails. Graneros is a fun beginner’s trail and is flowy as it winds along the flank of the Dakota Ridge formation in the Hogbacks. Check out pages 16-17 for more information.

Fossil / Dinosaur Discovery: Check out the Fossil Discovery pages (50-51). You’ll learn about where large dino digs once took place, as well as where you can potentially see trace fossils today. For a fun challenge, find all of the dinosaur / Bighorn Sheep sculptures around town, placed as part of the #DinoDaze public art project See joinFAR.org/dinodaze for more information and a map of sculpture locations.

Parks and Playgrounds: The City of Cañon City invites you to check out its extensive park system (pages 56-57). From our pump track and playgrounds at River Station and Centennial Park to the skate park located at Mountain View Park, there’s something for everyone.

Summers can be hot in the high desert, and you may want to choose a shaded excursion in July and August.

Oil Well Flats - Fracture Trail: Maybe your whole family isn’t ready yet for all of Oil Well Flats’ trails, but the Fracture Trail is sure to delight novice hikers and bikers. Beautiful scenery and a fun trail will make everyone’s day. See pages 22-24 for additional information.

Red Canyon Park: A locals’ favorite, the park will treat you to an unexpected red rock adventure! Explore the area as you wish. (Safely, please!) Many visitors enjoy walking up the main wash of Red Canyon or playing on the rocks. Check out the map on pages 24-25.

South Cañon Trails - Mutton Bustin’: Twist through junipers at an easy grade. You may consider a descent on Mutton Bustin’ with an Ecology Park drop off. Pair this with with Re-Cycle or Schepp Ridge (includes a somewhat steep hill at the north end) to extend your ride.

Royal Gorge Park Trails: S’Mores is a fun, easy trail that rings the campground at the Royal Gorge Park Trails. Kids can take a few laps and then connect to more extensive trail systems.
The Royal Gorge Region already has a series of great hiking, biking, and walking trails. Increasingly, Cañon City’s residents and out-of-town visitors are exhibiting a greater interest in outdoor recreation. Visitors to the area bring much-needed business to local restaurants, hotels, and attractions. We would like to harness everyone’s spending power to create a cooperative relationship - customer dollars create great trails, and great trails bring everyone back for more!

Businesses around the region elect to add a 1% donation onto their customer’s bill. Contributions are then distributed directly to FAR. All monies collected from these 1% donations are collectively used to fund trails and outdoor recreation in the Royal Gorge Region. Our 1% For Trails initiative funds all things trails and outdoor recreation: matching funds for grants, grant writing, trail building, trail design, and more. Concurrently, FAR will continue to contribute to local efforts to market to and encourage users of singletrack trails to visit our beautiful city!

Due to the generous 1% support since late April 2015, here’s some of what we’ve spent our 1% funds on so far:

- Completion of the new South Cañon Trails system;
- Rock work on the Dakota Ridge trail in the Hogbacks;
- 1.6 miles of trail in Oil Well Flats;
- Five miles of new trail in the Royal Gorge Park;
- Flagging trail corridor to connect South Cañon Trails to Temple Canyon Park

If you are a business owner and are interested in becoming a participant in FAR’s 1% for Trails Initiative, please contact Coordinator@joinFAR.org. We’ll give you promotional materials, help you set up the program at your business, and promote your business on our website and printed materials.
There’s no doubt getting outside is great for our health and wellbeing, but we need to be conscious of our impact on the land. Please join us in protecting our public lands by being a ‘Land Steward’ and adhering to these easy guidelines.

TRAIL CARE

Everyone can be a trail monitor and / or contribute to everyday trail maintenance.

- If you see debris, including branches or loose rocks on the trail, stop to throw them aside.
- Do not engage in unauthorized trail modifications, including removing or altering features.
- Downed trees can be reported to: trails@joinFAR.org.
- Place your trash in appropriate receptacles. Bonus points: Pick up extra trash along the trail. #bikeplog #trashtag #leavenotrash
- When passing other trail users, ‘stop and step’ to avoid eroding, widening, or damaging trail edges.
- Stick to the established trails and avoid creating harmful ‘social trails’.

Monitor Conditions

After rain or snow storms, trails need time to dry out. Leaving footprints, hoofprints, or tire tracks on trails creates places where water and mud collect, leading to longer-term damage and poor surface conditions.

- Check joinFAR.org/trails for updates.
- Don’t use muddy trails.
- Adhere to all trail use guidelines.

Enjoying the Outdoors Responsibly

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Other Visitors
Marathon Level Contributors

The Winery at Holy Cross Abbey
3011 E. Hwy. 50 | (719) 276-5191 | abbywinery.com
The winery’s historic and scenic setting will make your wine-tasting experience one to never forget! Come in for a tasting, or pick up a gift for someone special.

Bank of the San Juans
816 Royal Gorge Blvd. | (719) 276-9153 | banksanjuans.com
The helpful folks at Bank of the San Juans - “One big happy little bank” - are ready to assist you with all of your banking needs: business and personal.

Ledoux & Gority, Certified Public Accountants
303 N. 7th St., Suite 201 | (719) 275-1649 | ledoxandgority.com
An affordable, experienced, and friendly full-service firm for business owners, executives, and independent professionals!

Pizza Madness
509 Main St. | (719) 276-3088 | mypizzamadness.com
Go where the locals go for delicious pizza, salads, subs, and more! Beer on tap and a fun family atmosphere, too! Kids will enjoy playing arcade games.

Austin Automotive
2625 E. Main St. | (719) 275-5055 | austinautomotive.com
There is no better place for honest, dependable, quality automotive service for your vehicle. Stop in for diagnostics, maintenance, and more!

The Palace Drug Store
601 Main St. | (719) 275-3375 | reamspalacedrug.com
Conveniently located downtown, The Palace Drug Store has been serving the Royal Gorge Region since 1886. They offer prescriptions and delivery.

Whitewater Bar & Grill
45045 West US Hwy. 50 | (719) 275-7238 | royalgorgerafting.net
Delicious food and a fun, casual atmosphere round out this local favorite. Dine and drink just minutes from the famous Royal Gorge Bridge and Royal Gorge Trails.

Royal Gorge Rafting
45045 West US Hwy. 50 | (719) 275-7238 | royalgorgerafting.net
Whitewater at its best! Raft the Royal Gorge or Bighorn Sheep Canyon with RGR and see some world-class rapids! Trips range from mild to wild.

Royal Gorge Zipline Tours
302 Royal Gorge Blvd. | (719) 275-9477 | royalgorgeziplinetours.com
Add more adrenaline to your vacation by booking a thrilling zipline tour through the beautiful Arkansas River Valley. Suitable for all skill levels.

The Bean Pedaler
412 Main Street | (719) 285-8169 | thebeanpedaler.com
Craft coffee, cool atmosphere, and delightful baristas make this the go-to spot for adventurers. Now serving food and beer. The perfect post ride or hike location.

Royal Gorge Bridge & Park
4218 County Rd. 3A | (888) 333-5597 | royalgorgebridge.com
North America’s highest suspension bridge is celebrating their 90th year! Experience 360° of jaw-dropping rides, and miles of natural Colorado beauty.

Echo Canyon River Expeditions
45000 West US Hwy. 50 | (800) 755-3246 | raftecho.com
Since 1978 Echo Canyon has offered half-, full-, and multi-day whitewater rafting. They feature packages, convenient luxury accommodations, and dining.

Gatzke Homes | Homesmart Preferred Realty
501 Royal Gorge Blvd. | (719) 458-9559 | GatzkeHomes.com
Real estate sales and marketing services in Cañon City, Florence, Penrose, Pueblo West, and the Royal Gorge Region. Explore the best Colorado has to offer!

Royal Gorge Route Railroad
1 block south of Hwy 50 & 3rd St. | (719) 276-4000 | royalgorgeroute.com
Experience America’s most spectacular rail journey with great service, delicious food, and incredible scenery. First Class, Coach, Club, and Vista Dome services.

Coming Home Realty
729 Main St. | (719) 792-1111 | ComingHomeRealtyPros.com
Mission: To kindly match people to their perfect properties by authentically listening and learning from clients while offering skills, knowledge, and positivity.

Patterson Plumbing and Heating
1010 Aspen Pl., Pueblo | (719) 404-7550 | PattersonPlumbing.com
Premier choice for heating, air conditioning and plumbing. 24/7 on-call service. Background-checked & drug-free technicians. Superior Customer Service.

Royal Gorge Anglers
49311 West US Hwy 50 | (888) 994-6743 | royalgorgeanglers.com
The Arkansas River’s oldest and most trusted flyshop and fly fishing service. The finest industry brands and the premier Orvis Endorsed Outfitter of Southern CO.

Royal Gorge Region
(800) 704-6743 | royalgorgeregion.com
Visit the Royal Gorge Region - where you can ditch the ordinary and explore the extraordinary! Your adventure starts here.

Canon City Brews and Bikes
224 Main St. | (719) 275-2472 | canoncitybrewsandbikes.com
Combines quality bike rental with Colorado brews, outside seating area, and convenient downtown location. This is a go-to spot for cyclist, hikers, and locals.

Royal Gorge Ranch & Resort
1 Buckskin Joe Pkwy. | (303) 419-6782 | royalgorgeranchandresort.com
Ride out. Climb on. Hike in. Enjoy. The Royal Gorge Ranch & Resort is 800 acres composed of open space, trails, luxury home lots, and marketplace space.
CENTURY 21 CAÑON LAND & INVESTMENT CO.
1025 Royal Gorge Blvd. | (719) 275-8622
Century 21 strives to provide the best real estate experience by matching you with experienced agents who stay current on the ever-changing market.

COLORADO LEGACY LAND
1107 Main St. | (719) 204-7035 | Owner of the 2,700-acre former Cotter mill south of Canon City. Their focus is implementing a world-class clean-up of environmental contamination and putting the property back in to productive use.

FIRE IT UP WOOD FIRED PIZZA & MORE
(719) 582-3083 | Facebook: Fire it Up Wood Fired Pizza & More
Delicious wood-fired pizza cooked on-location in an authentic stone oven. Creative menu and fresh ingredients. Look for them at events and First Fridays!

FREMONT NAPA AUTO CARE GROUP
Penrose Tractor Factory, Canon City Tire, Litz Auto Supply, Austin Automotive, Zerby Automotive combine efforts to support the Fremont County community. Stop in for your auto care needs and to tell them “thank you”!

GE JOHNSON CONSTRUCTION COMPANY
Offices in Colorado, Wyoming, and Oklahoma | gejohnson.com
GE Johnson Construction Company enriches communities by leading and building projects with the best people and ideas and is proud to support FAR.

CAÑON CITY MUGS
1520 Royal Gorge Blvd. | (719) 276-5348 | canonicitymugs.com
With a full-service restaurant, sports bar, espresso cafe, and outdoor patio, MUGS is a local favorite. Stop in for a coffee to go or stay to watch the game.

ROYAL GORGE VACATION RENTALS | (719) 285-8169 | royalgorgerenting.net
Enjoy affordable, luxurious vacation rentals, starting at $494. Four convenient and scenic locations offer accommodation alongside world-class adventure.

FOURMILE VETERINARY CLINIC | 401 Lincoln Ave. | (719) 275-6318 | fourmilevet.com
Your pets (large and small) deserve the best care. Trust them to Fourmile - serving Fremont County for 40 years!

DAILY RECORD | 1202 Royal Gorge Blvd. | (719) 275-7565 | canonicitydailyrecord.com
Keep up with the latest news, events, and information on Cañon City and the Royal Gorge Region. Local, state and national news. Morning delivery.

HARDSCRABLE MOUNTAIN TRAIL RUN | June 1, 2019 | hardscrabblerun.com
Incredible mountain scenery, a challenging course, delicious post-race food, community involvement, and live entertainment. Proceeds benefit San Isabel Land Protection Trust.

ALISE | Courageously Authentic Body Care | 402 Valley Rd, Suite H | (719) 285-8795 | AliseBodyCare.com
Live an active and “feel good” lifestyle with 100% natural, unprocessed body care products. Made in Cañon City by Not The Same.

CROSSFIT CAÑON CITY | 701 S. 9th St. | (719) 429-7342 | crossfitcanoncity.com
Join the community fitness center that will help you be the best version of yourself! Start your fitness goals with a skilled trainer and a supportive community.

THE HIVE IN DOWNTOWN CAÑON CITY: A COWORKING COMMUNITY
729 Main St. | (719) 792-1234 | thehivecanoncity.com
Cañon City’s cutting-edge coworking space for digital nomads and entrepreneurs.

COLORADO QUARRIES | 270 South Main St. | (719) 275-6894 | coloradoquarries.com
Since 1930, Colorado Quaries has mined minerals and decorative aggregate in the Royal Gorge Region. They carry landscape, precast, and specialty products.

RIVER CAÑON PLACE | Near Downtown Cañon City | (719) 429-8079 | airbnb.com/rooms/2714672
After your adventures, relax at this charming 3 bedroom, 1 bath home within walking distance to downtown and convenient to local trails and attractions.

THE MORTGAGE COMPANY | 519 Main St. | (719) 275-4450 | themorgageco.com
Let The Mortgage Co. help you choose the “correct” loan, refinance your property, or utilize a home equity loan. With friendly, knowledgeable, local help, satisfaction is guaranteed.

ROYAL GORGE DINOSAUR EXPERIENCE | 44895 W. US Hwy. 50 | (719) 275-2726 | dinosx.com
With a dinosaur wild walk, ropes course, paleo lab, kid’s exhibit, theater, gift shop, and kid’s dig, you’ll find something for every dino lover at the DinoXP!

SACRED SPACES | 331 Royal Gorge Blvd., St. A | (303) 717-5401 | sacredspacesco.com
Lesley provides nourishment and healing through yoga / herbal medicine / gardening classes, 1:1 herbal medicine consultations, and more. Stop in to chat to see how she can help.

ROYAL GORGE MOUNTAIN BIKE TOURS
1420 Royal Gorge Blvd. | (719) 275-0884 | RoyalGorgeBikeTours.com
Cañon City's premier mountain bike tour will show you the best of the area!

BRIAN KONTY / TRIUMPH CAPITAL
611 Greenwood Ave., Suite F | (719) 269-3389 | triumphcapitalmanagement.com
Time for a financial checkup? Allow Brian to assist in your private wealth management.

FREMONT360 | P.O. Box 1762 | (719) 345-8812 | fremont360.com
Find Fremont360 on Facebook and on the web for recent community events and information. Subscribe to their newsletter for coupons, information, and updates.

LENNY MERRIAM, CPA, CFE, PLLC | P.O. Box 1927 | (719) 275-4623
Trust Lenny Merriam to serve your accounting & bookkeeping and your tax preparation needs.
**Local Resources**

**Safety**

- **Cañon City Police Department**
  161 Justice Center Road, Cañon City, CO
  (719) 276-5600
  Monday-Friday, 8 a.m. - 5 p.m.

- **Fremont County Sheriff’s Office**
  100 Justice Center Rd., Cañon City
  (719) 276-5555
  Monday-Friday, 7:30 a.m.-4:00 p.m.
  (Closed from 12:30 p.m.-1:00 p.m.)
  Friday, 7:30 a.m.-1:00 p.m.

**Medical**

- **St. Thomas More Hospital**
  1338 Phay Avenue, Cañon City
  (719) 285-2000
  In an emergency situation, please dial 911.

- **Centura Health Urgent Care Cañon City**
  3245 E. Hwy. 50, Suite E, Cañon City
  (719) 285-2888
  Monday-Friday, 8 a.m.-7 p.m.
  Saturday-Sunday, 8 a.m.-3 p.m.

**Visitor Info / Resources**

- **Cañon City Chamber of Commerce**
  403 Royal Gorge Blvd., Cañon City, CO
  (719) 275-2331
  Monday-Friday, 8 a.m.-5 p.m.

- **Cañon City Farmers’ Market**
  Veterans Park
  Tuesdays, 8:00 a.m. - 1:00 p.m.

- **Cañon City Public Library**
  516 Macon Avenue, Cañon City, CO
  Monday-Saturday, 10 a.m.-6 p.m.
  [www.canoncitylibrary.info](http://www.canoncitylibrary.info)

- **Royal Gorge History Museum**
  612 Royal Gorge Blvd, (Hwy 50), Cañon City
  (719) 269-9036
  Wednesday-Saturday, 10 a.m.-4 p.m.
  Sunday, 1 p.m.-4 p.m.

- **Eight Mile Ranch Pet Boarding**
  45780 US Highway 50
  (719) 276-2035

- **Cañonland Hikers and Walkers**
  (719) 276-0974
  Facebook: Canonland Hikers and Walkers

**Land Management**

- **Arkansas Headwaters Recreation Area**
  307 Sackett Avenue, Salida, CO
  (719) 539-7289

- **City of Cañon City Parks**
  221 Griffin Avenue, Cañon City, CO
  (719) 269-9028

- **Bureau of Land Management**
  Royal Gorge Field Office
  3028 East Main St., Cañon City
  (719) 269-8599

- **Royal Gorge Regional Museum & History Center**
  612 Royal Gorge Blvd, (Hwy 50), Cañon City
  (719) 269-9036
  Wednesday-Saturday, 10 a.m.-4 p.m.
  Sunday, 1 p.m.-4 p.m.

**Special Thanks**

FAR would like to extend a special "thank you" to the following people for assisting with or contributing to the Adventure Guide:

- Adam Hartman
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- Thom LeDoux
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- Linda Skinner
- Mike "mille" Millard
- Vicki Meier and Tillman
- Leave No Trace
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- Fremont County Tourism Council
- Royal Gorge Rafting Safety Kayakers
- Royal Gorge Regional Museum & History Center
- Mercedes Siegle-Gaither
- Shawn Weatherill
- Benjamin Sack

**Safeguards for Trail Use**

Please remember that waste of any kind - pet and human - is a blight on our trails. Use waste bags (often provided at trailheads) and dispose of waste in proper receptacles (not on the sides of trails, please).

Plan to use restroom facilities at trailheads or campgrounds, or before you head out to hike or bike. For emergencies, please carry (and use) a waste disposal bag or bury your waste at least 6” deep.

**5K Donors**

- Tim Creany
- Dave Wall
- Marc and Joan Sindler
- Anonymous Donor
- Tim Madigan
- Jeremy Buswell

**Pack it In, Pack it Out**

In Memory of Jeffry Ray Smith
In Memory of John Nichols
Benjamin Googins
Brian Tate
Molly Merry
Kalem Lenard

In Memory of John Nichols
Benjamin Googins
Brian Tate
Molly Merry
Kalem Lenard

Shirley VanWarden
Paul Enderle
Maggie Frasure
Audrey Preston
Mary Hart
Michael Banker
The Banker Family

**Leave No Trace**

In Memory of Jeffry Ray Smith
In Memory of John Nichols
Benjamin Googins
Brian Tate
Molly Merry
Kalem Lenard

Shirley VanWarden
Paul Enderle
Maggie Frasure
Audrey Preston
Mary Hart
Michael Banker
The Banker Family

**Stay Healthy**

- **St. Thomas More Hospital**
  1338 Phay Avenue, Cañon City
  (719) 285-2000
  In an emergency situation, please dial 911.

- **Centura Health Urgent Care Cañon City**
  3245 E. Hwy. 50, Suite E, Cañon City
  (719) 285-2888
  Monday-Friday, 8 a.m.-7 p.m.
  Saturday-Sunday, 8 a.m.-3 p.m.